

Patient Frequently Asked Questions

LOCATION

Where is FHSC located?

First Hill Surgery Center is conveniently located in the heart of Seattle's First Hill medical community in the Swedish Madison Medical Tower at:

**1101 Madison St., Suite 200
Seattle, WA 98104**



Where can I park?

Parking is available in the Marion-Minor garage beneath First Hill Surgery Center. There are entrances to the garage on Marion Street and Minor Ave. If you arrive before 7am, please enter into the garage off Marion Street. After 7am, the Minor Avenue entrance opens. Parking rates are posted at the garage entrance.

What time does the building and elevators open?

At 6am the building doors are unlocked and the elevators will run.

Is there a patient drop-off and pick-up area?

There is a dedicated space on floor A of the Marion-Minor parking garage for patient drop-off and pick-up. You are welcome to use this space for drop-off before parking in another area of the garage.

BEFORE SURGERY

How should I prepare for surgery?

Prior to surgery you will receive a call from a First Hill Surgery Center nurse to review your health history and plans for recovery. The nurse will also provide specific instructions to help you prepare for your surgery. Here are a few things to keep in mind:

- **Food, liquids, and tobacco:** You will receive instructions from First Hill Surgery Center on when to discontinue food within 48 hours of your procedure. Do not consume alcohol or use recreational drugs 24 hours prior to your procedure, and do not smoke, vape or use tobacco products after midnight the night before your procedure.
- **Medications:** Confirm with your physician if you need to stop taking any medications such as blood thinners or insulin prior to surgery.
- **Driving:** You should not drive immediately following surgery. You must have an adult friend or family member accompany you to and from First Hill Surgery Center.

continued on next page.

First Hill SURGERY CENTER

- **Jewelry, lotions, and makeup:** On the day of your surgery you should bathe or shower and avoid wearing all makeup, lotions or perfumes. You may be instructed to bathe with a special soap before your arrival at the surgery center. Please remove all jewelry, including wedding rings and any body piercings before your arrival.

AFTER SURGERY

Can I drive myself home after surgery?

No. You should not drive, operate machinery, consume alcohol or take any medications not prescribed or recommend by your physician for 24 hours after your surgery. Please have an adult friend or family member accompany you to and from First Hill Surgery Center. You may not take a taxi alone or walk to the bus.

Can my family join me in the operating room or recovery area?

Family members are not allowed into operating rooms as they are sterile environments specifically for surgery. Your family or friends can join you in the pre-operative area while you are prepped for surgery and in post-operative recovery room before you're discharged. While you are in surgery, First Hill Surgery Center has a large waiting area specifically for caregivers, family and friends. We offer free wi-fi, coffee, and electrical outlets for your use while you wait.

Who should I call if I have questions about healing and recovery after surgery?

Please contact your surgeon or primary care physician. Your doctors are the best source of information about your ongoing health and recovery after surgery. They can work with you on your overall care plan.

Who should I call with questions about my prescriptions?

If you have any questions about your medication, please contact your surgeon or primary care provider.

Where should I go for follow-up appointments after surgery?

Your surgeon's office will work directly with you to schedule any post-surgical care. Those appointments will be in your provider's office, not at First Hill Surgery Center.

BILLING & FINANCIAL SERVICES

A First Hill Surgery Center financial counselor may call you before your surgery to discuss billing and fees for your surgery. Please note that billing from First Hill Surgery Center will not include fees for your surgeon, anesthesiologist, laboratory, pathology, or other diagnostic tests ordered by your surgeon. These items are billed separately by each provider. To contact a financial counselor for specific questions or for an estimate of the cost prior to your surgery, please call 206.320.6799 (between 8am-5pm).
