

Left  Right **Anterior Cruciate Ligament (ACL)**  
**Consent Form**

Patient Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Guardian Name (if applicable): \_\_\_\_\_ Patient ID: \_\_\_\_\_

Washington State law guarantees that you have both the right and the obligation to make decisions regarding your health care. Your physician can provide you with the necessary information and advice, but as a member of the health care team, you must participate in the decision making process. This form acknowledges your consent to treatment recommended by your physician.

**1 MY PROCEDURE**

I hereby give my consent for Dr. \_\_\_\_\_ to perform a  
 Left  Right **Knee Anterior Cruciate Ligament (ACL)** reconstruction upon  
me. I understand the procedure is to be performed at the First Hill Surgery  
Center. This has been recommended to me by my physician in order to treat a  
torn anterior cruciate ligament and possibly additional problems inside the knee.

**I understand that the procedure or treatment can be described as follows:**

The doctor will look inside the knee with a small video camera using three or more small incisions. If the anterior cruciate ligament (ACL) is confirmed to be torn, it will be replaced using either the patient's own hamstring tendons, a portion of the patient's patellar tendon with small bone plugs from the patella and tibia, or possibly cadaver tissue. Other treatment such as debridement or repair of any meniscal tears or microfracture of articular cartilage injury will be done as needed.

This procedure may require general anesthesia which will be administered by a qualified anesthesiologist. Your anesthesiologist will be available to discuss this further with you on the day of surgery.

**2 MY BENEFITS**

**Some potential benefits of this procedure include:**

- Stabilize the knee joint, reduce pain, and/or prevent arthritis.

**3 MY RISKS**

*I understand that there are **potential risks, complications and side effects** associated with any surgical procedure. Although it is impossible to list all of them, I have been informed of some of the possible risks, complications and side effects of this procedure.*

**These could include but may not be limited to the following:**

- Bleeding, infection, scar, nerve or blood vessel injury, continued pain, knee stiffness, failure of the reconstruction, repeat injury to the knee, development of arthritis, need for meniscal debridement or repair, need for further surgery as well as the risk of medical or anesthetic complications.

Some of these risks, complications and side effects are not serious or do not happen frequently. Although these risks, complications and side effects may occur only very rarely, they do sometimes occur and cannot be predicted or prevented by the physician performing the procedure.

**4 MY CONSENT**

Although most procedures have good results, I understand that **no guarantee** has been made to me about the results of this procedure or the occurrence of any risks, complications and side effects.

I recognize that during the course of treatment, unforeseeable conditions may require **additional treatment or procedures**.

I request and authorize my physician and other qualified medical personnel to perform such treatment or procedures **as required**.

I have chosen to undergo this procedure after considering the **alternative forms of diagnosis and/or treatment** for my condition including no treatment or other procedures or tests. Alternatives to this procedure may include, but are not limited to physical therapy, bracing, and activity modification. These alternative forms of treatment have their own potential risks, benefits and possible complications.

**I certify that I have read or had read to me the contents of this form and will follow any patient instructions related to this procedure.**

I understand the potential risks, complications and side effects involved with the proposed Left Right **Anterior Cruciate Ligament (ACL)** reconstruction and have decided to proceed after considering the possibility of both known and unknown risks, complications, side effects and alternatives.

I have had the opportunity to ask questions and all of my questions have been answered to my satisfaction. I consent to the above procedures as deemed necessary or appropriate by my physician or credentialed provider.

**Patient Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_ **Time:** \_\_\_\_\_

Patient is unable to consent because \_\_\_\_\_. I therefore consent for the patient.  
 Authorized Consenter's Signature: \_\_\_\_\_ Date: \_\_\_\_\_ Time: \_\_\_\_\_  
 Printed Name: \_\_\_\_\_ Relationship to Patient: \_\_\_\_\_

Mark this box if telephone consent

Witness Name: \_\_\_\_\_  
PRINT NAME

**Witness Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_ **Time:** \_\_\_\_\_

By my signature below I attest to the fact that I explained the procedure to the patient.

Physician Name: \_\_\_\_\_  
PRINT NAME

**Physician Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_ **Time:** \_\_\_\_\_