



Reduction of the Inferior Turbinate Consent Form

Patient Name: Date of Birth:

Guardian Name (if applicable): Patient ID:

Washington State law guarantees that you have both the right and the obligation to make decisions regarding your health care. Your physician can provide you with the necessary information and advice, but as a member of the health care team, you must participate in the decision making process. This form acknowledges your consent to treatment recommended by your physician.

1 **MY PROCEDURE**

I hereby give my consent for _____ to perform a **Reduction of the Inferior Turbinates** upon me. I understand the procedure is to be performed at First Hill Surgery Center. This has been recommended to me by my physician in order to diagnose and/or treat _____.

I understand that the procedure or treatment can be described as follows:

The inferior turbinates in the nose are reduced by removing some of the bone and tissue and bone.

2 **MY BENEFITS**

Some potential benefits of this procedure include:

- Shrinkage of turbinates will commonly improve congestion and airflow through the nose.

There are many causes of nasal congestion. One cause is turbinate hypertrophy. Shrinkage of the turbinate will commonly improve congestion. This is not true for all individuals.

3 **MY RISKS**

*I understand that there are **potential risks, complications and side effects** associated with any surgical procedure. Although it is impossible to list all of them, I have been informed of some of the possible risks, complications and side effects of this procedure.*

These could include but may not be limited to the following:

- Bleeding, infection, bleeding requiring a trip to the operating room, bleeding requiring repeat packing, persistence of the nasal obstruction on one or both sides requiring further treatment to resolve the difficulty in full.

Some of these risks, complications and side effects are not serious or do not happen frequently. Although these risks, complications and side effects may occur only very rarely, they do sometimes occur and cannot be predicted or prevented by the physician performing the procedure.

4 **MY CONSENT**

Although most procedures have good results, I understand that **no guarantee** has been made to me about the results of this procedure or the occurrence of any risks, complications and side effects.

I recognize that during the course of treatment, unforeseeable conditions may require **additional treatment or procedures.**

I request and authorize my physician and other qualified medical personnel to perform such treatment or procedures **as required.**

I have chosen to undergo this procedure after considering the **alternative forms of diagnosis and/or treatment** for my condition including no treatment or other procedures or tests. Alternatives to this procedure may include, but are not limited to continued topical steroid spray, allergy management including medication and spray to maximize the nasal airway. These alternative forms of treatment have their own potential risks, benefits and possible complications.

I certify that I have read or had read to me the contents of this form and will follow any patient instructions related to this procedure.

I understand the potential risks, complications and side effects involved with the proposed **Reduction of the Inferior Turbinate(s)** and have decided to proceed after considering the possibility of both known and unknown risks, complications, side effects and alternatives.

I have had the opportunity to ask questions and all of my questions have been answered to my satisfaction. I consent to the above procedures as deemed necessary or appropriate by my physician or credentialed provider.

<p>Patient Signature: _____ Date: _____ Time: _____</p> <p>Patient is unable to consent because _____. I therefore consent for the patient.</p> <p>Authorized Consenter's Signature: _____ Date: _____ Time: _____</p> <p>Printed Name: _____ Relationship to Patient: _____</p> <p><input type="checkbox"/> Mark this box if telephone consent</p> <p>Witness Name: _____</p> <p style="text-align: center;">PRINT NAME</p> <p>Witness Signature: _____ Date: _____ Time: _____</p>
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<p>By my signature below I attest to the fact that I explained the procedure to the patient.</p> <p>Physician Name: _____</p> <p style="text-align: center;">PRINT NAME</p> <p>Physician Signature: _____ Date: _____ Time: _____</p>
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